

Code

G- green- everyday

A- Amber- choose wisely

R- Red- Sometimes

GF- Gluten free available

H - Halal

Breakfast



Toast (2 slices) (G,H)	\$2.00
Toasted cheese (G) ((H)	\$3.00
Toasted cheese and tomato (G,H)	\$4.00
Toasted ham & Cheese	\$4.50
Toasted ham, cheese and tomato (G)	\$5.00
Egg and bacon roll (A)	\$5.00
Fresh fruit salad (G, GF)	\$5.00
Yoghurt and berries (G, GF)	\$5.00
Cheese & Bacon roll	\$4.00

"All sandwiches & toasted sandwiches are available on Gluten free bread (GF)"

Daily Specials



Mondays Special

See specials board \$7.00

Tuesday Special

See specials board \$7.00

Wednesday Special

Butter Chicken \$7.00

Thursday Special

Pasta Bolognaise \$7.00

Friday Special

Nachos With cheese & Sour cream \$7.00

(ALL Pasta dishes have a gluten free option)

Extras



Sauce	40c
Cheese	50c

Hot Food



Chicken burger (A,H) \$6.50

With grilled chicken lettuce & mayo

Beef burger (A,H) \$6.50
with fresh beef patty, onion, lettuce, tomato, & beetroot, sauce

Veggie burger (A, H) \$6.50
with lettuce and Mayo

Portuguese Burger , \$6.00
(Sweet chilli & Mayo) (A,H)

Chicken Schnitzel Roll (A,H) \$7.00
(With lettuce & Mayo)

Hot dogs \$4.50

Low fat beef pie (A,H) \$4.50

Low fat sausage roll (A,H) \$4.00

Focaccia- 'The Tracey

- Half \$4.00
- Whole \$7.00

Sandwiches



Salad (G) <i>with lettuce, tomato, cucumber, carrot & beetroot (Cheese extra 50c)</i>	\$4.50
Egg, Mayo and lettuce (G)	\$4.50
Cheese & tomato (G)	\$3.50
Ham, cheese & tomato (G)	\$4.50
Chicken lettuce & mayo (G,H)	\$4.50
Tuna, Lettuce and mayo	\$5.00

(All of the above available on a wrap for extra \$2.00)

Salad tubs



Greek (G, GF) <i>with tomato, onion, cucumber, capsicum, olives & feta</i>	\$6.50
Caesar (G)	\$6.50
Cos lettuce, bacon, egg parmesan cheese & croutons. <i>(Add \$1 for Chicken)</i>	
<i>Tuna Salad</i>	\$6.50
<i>Chicken salad</i>	\$7.00
<i>Garden salad</i>	\$5.50
<i>Snack box</i>	\$5.00

Beverages



---Water (G)---

Spring water 600ml (G)	\$3.00
Pump water 700ml (G)	\$4.50
Schweppes varieties. (A) Cans	\$3.00
	Bottles \$4.50
Variety of 100% Juice (G) 250ml	\$4.00

Low fat milk (G)

Chocolate, strawberry, iced coffee	
300ml (G)	\$3.50
600ml (A)	\$4.50
500ml Iced tea (G)	\$4.50

Something sweet



Banana bread (A)	\$4.00
Low fat muffins (A)	\$3.50

---Ice-cream---

Streets range of canteen approved ice-creams at recommended retail price (RRP)

