



Canteen Menu 2022

All food is prepared daily with fresh ingredients.

BREAKFAST

Toast (E)	1.00
Bacon & Egg Roll(E)	4.00
Hot Chocolate (E)	3.00
Pancakes(O)	3.50
Muesli & Yoghurt Tub	3.00
Assorted Toasties (E)	from -4.00

FRESH SALAD TUBS(E)

Chicken Caesar Salad	-	from -5.50
Greek Salad		
Potato Salad		
Pesto Pasta		
Garden Salad		

SANDWICHES (E)

Cheese	2.50
Vegemite	2.50
Egg, Lettuce, Mayo	4.50
Curried Egg	3.50
Ham, Cheese & Tomato	5.50
Tuna	5.00
Salad	4.50
Chicken, Lettuce & Mayo	5.50
Tuna & Salad	5.50
Ham & Salad	5.50

FOCACCIAS (E)

Chicken	4.50
Chicken Schnitzel, Cheese & Avo	5.50
Ham, Cheese & Tomato	4.50
B.L.T	6.00

LAVASH WRAP (E)

Salad	5.00
Ham & Salad	5.50
Chicken & Salad	5.50
Sweet Chilli Chicken	5.50
Falafal Wrap	5.50

BURGERS

Vegetable(O)	4.50
Chicken Burger (E)	5.50
Beef Burger (O)	5.50
Haloumi Burger (O)	5.50

HOT FOOD

Meat Pie(O)	4.50
Potato Pie (O)	5.00
Sausage Roll (O)	4.50
Cheese & Spinach Roll (O)	5.00
Homemade Pasta (E)	5.50
Homemade Fried Rice (E)	4.50
Sweet Chilli Wrap (E)	3.00
Hot Dog (O)	3.50

BLACKBOARD SPECIALS

Butter Chicken (O)	6.00
Vegetable Stir Fry (O)	6.00
Fettuccini Bosciola (O)	6.00
Beef Stroganoff (O)	6.00
Beef Nachos (O)	6.00
Beef Ravioli (O)	6.00
Mac & Cheese (O)	5.00
Chicken Wings & Rice (O)	6.00

SUSHI - MON/THURS

Chicken/Tuna/Vegetable/Beef	4.50
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FROZEN TREATS (O)

Juice Sticks	1.00
Juice Cups	2.00
Icy Twists	2.00
Frozen Yoghurt	2.50
Paddle Pop	3.00

SNACKS (O)

Red Rock Deli Chips	2.50
JJ's	2.50
Choc Chip Cookie	4.00
Cheese & Bacon Roll	4.00
Halloumi Pockets	2.50
Fresh Fruit Salad	5.00
Fresh Yoghurt	4.00
Jelly Tubs	3.00

DRINKS

Flavoured Milk 300ml/600ml	3.50/4.50
Assorted Juices	4.00
Water Bottles	2.50
Pump Water	4.00
Sugar Free Cans(O)	3.50
Up & Go (O)	3.50
Poppers	2.50

